

# Defibrillator Training

Using a defibrillator within 3 to 5 minutes of a cardiac arrest  
Can increase the survival rate to between 50% to 75%



Join us at Gavinton Village Hall at 10am on the  
31st October 2026

The Defibrillator Training course will be led by  
St Johns Ambulance Team

All welcome

Also includes a breakfast morning at  
the village hall with tea, coffee and  
bacon rolls!

